

Thigh

Thigh Injuries: Definitions, Signs and Symptoms

Contusion: Bruise pain and/or discoloration.

General Soreness: Pain as a result of overuse or chronic injury. Diffuse pain around affected area.

Muscle Strain (Hamstrings/Quadriceps): Excessive stretch or partial tear of muscle. Pain and/or stiffness of muscle. Decrease in ability to stretch and contract properly.

TRUFIT®

Protection Levels

- S Standard:** Designed to provide light support during activities, as well as everyday use, and can be worn over an extended period of time.
- A Advanced:** Designed to provide moderate support during activities and should be worn as needed.
- P Premium:** Designed to provide advanced support during activities and not intended to be worn for an extended period of time, but removed after an activity.



Find Your Injury

*This information is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician with any questions or concerns.

Thigh

	General Soreness	Contusion	Muscle Strain (Hamstrings/Quadriceps)	Item#	Size
Contoured Thigh/Groin Support	S	S	S	483740	ONE SIZE
Elasto-Preene® Thigh Support	S	S	S	488409-10	SM/MD-LG/XL
Breathable Contoured Thigh/Groin Support	A	A	A	483770	ONE SIZE
Thigh/Groin Support	A	A	A	486132-4	MD - XL

*Please follow usage instructions on Tru-Fit® packages

Thigh

STANDARD



ONE SIZE

Contoured Thigh/Groin Support - Black

- ▶ Heat Retention: improves circulation and helps promote healing
- ▶ Provides compression and support to the quadriceps and hamstring
- ▶ Neoprene blend**

483740: Contoured Thigh/Groin Support **ONE SIZE**



STANDARD



Elasto-Preene® Thigh Support - Black

- ▶ Comfort and breathability of woven supports
- ▶ Heat Retention: Improves circulation and helps promote healing
- ▶ Neoprene blend**

488409: Elasto-Preene® Thigh Support **SM/MD**



488410: Elasto-Preene® Thigh Support **LG/XL**



Thigh

Breathable Contoured Thigh/Groin Support - Black

- ▶ **Moisture wicking, aerated neoprene helps keep your skin drier**
- ▶ Adjustable, custom fit provides compression and support
- ▶ Provides heat retention, which aids circulation and helps promote healing
- ▶ Neoprene blend**

483770: Breathable Contoured Thigh/Groin Support **ONE SIZE**



ONE SIZE

ADVANCED



ADVANCED



Thigh/Groin Support - Black

- ▶ Provides compression
- ▶ Helps soothe sore and tired muscles
- ▶ Provides heat retention, which aids circulation and helps promote healing
- ▶ Neoprene blend**

486132: Thigh/Groin Support **MD**



486133: Thigh/Groin Support **LG**



486134: Thigh/Groin Support **XL**



*Please follow usage instructions on Tru-Fit® packages.
 **Neoprene blend provides compression, support and heat retention which improves circulation and helps promote healing.