How to Apply/Remove

3M™ Coban™ 2 Compression System Application for Simple Hip Spica

Materials & Positioning

- If the proximal edge of the leg bandage curls or if the bandage slips prematurely, an easy and comfortable way to stabilize the bandage is to apply a hip spica.
- Select the 15cm (6 inch) or 20cm (8 inch) 3M™ Coban™ 2 Comfort Foam Layer, depending on the girth, and select the 15cm (6 inch) 3M™ Coban™ 2 Compression Layer for the proximal thigh and spica application.

Application of Comfort Foam Layer to Hip Spica

Layer 1: Comfort Foam Layer

- Apply this layer with the foam side against the skin with just enough tension to conform.
- Cover the skin with as thin a layer as possible with no gaps.

Layer 2: Compression Layer

- Apply even compression with at least two layers. Even compression is best achieved when the material is applied at full stretch.
- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- If “bulges” are noted after the application, apply additional compression layer until the application appears smooth.

Application of Compression Layer to Hip Spica

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3M™ Coban™ 2 Compression System Application for Hip Spica with Abdominal Apron

Materials & Positioning

- If the proximal edge of the leg bandage curls or if the bandage slips prematurely, an easy and comfortable way to stabilize the bandage is to apply a hip spica.
- Select the 15cm (6 inch) or 20cm (8 inch) depending on the girth 3M™ Coban™ 2 Comfort Foam Layer, and select the 15cm (6 inch) 3M™ Coban™ 2 Compression Layer for the proximal thigh and spica application.

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Bandage Removal

Dipping the scissor tips into cream allows comfortable and easy bandage removal.